

form “OR-AA”

# Lansford Thyroglossal Duct Excision



👉 **Preferences, Pick Sheet, and  
“Anything Special?”**

QR for online color  
version. Select  
Form “OR-Y”

Color code:

Surgeon

Anesthesia

Circulating Nurse

Scrub Tech

Surgical Assistant

## Pre-op

Surgeon signs chart, and reviews his own consent form with patient and a witness **prior to** administration of an anxiolytic or other medication rendering a patient incompetent to sign. Minors may receive an anxiolytic prior to the surgeon’s consent since they are not signing.

## Unsterile Prep Tray

Shave neck if needed.

Regular tip (not fine) skin marking pen and ruler

1% lidocaine with 1:100,000 epinephrine in a 10 mL syringe and a 27 ga, 1.5” needle

Wet Betadine prep tray scrub and paint (or chloraprep if allergic)

4x4” gauze (or similar)

## Instruments & Supplies

Neck dissection tray

Bone Cutter (about the size of pliers from a hardware store)

Bipolar cautery - bayonet forceps, guarded

Bovie pencil and guarded flat blade tip

Large “U” split drape

Stapler

Size 8 Sensicare gloves for CDL

XL , XLNG surgical gown for CDL

#15 scalpel blades

Tenotomy scissors

Debakey x 2

Double prong skin hooks, wide x 2

Weitlander, hinged, medium x 2 for adults; small x 2 for kids < 11 yo  
Andrews metal Yankauer suction tip  
Army-Navy retractors x 2  
Senn retractors x 2

Saline for irrigation  
Asepto

2-0 silk on RB-1 x 2  
3-0 Vicryl SH x 2 (size 4-0 for kids < 11 yo)  
4-0 Monocryl on PS-2 x 1 (size 5-0 for kids < 11 yo)  
5-0 Prolene, blue x 1  
JP drain reservoir (have in room unopened)  
10 Fr slotted Blake channel drain on a trocar (have in room unopened)  
Wound dressings:  
Bacitracin  
Xeroform strip  
Telfa  
Tegaderms - 2 small, 2 medium

## Equipment

Headlight  
Electrocautery (Bovie)  
Shoulder roll (gel preferred)  
Head ring/donut (gel preferred)  
OR table with adjustable angle head board at the top of the bed  
Bair Hugger from nipples down  
Fluid warmer on bed  
SCDs  
Pillow for under knees (optional)  
OR Neptune  
Extension ("pediatric") airway circuit tubing

## Patient in Room to Induction

Will turn OR table 180 degrees  
Adjustable head board at top of bed  
Position patient at tippy top of bed  
ETT an either side, taped to mandible (surgeon occasionally accesses pharynx)  
Pre-op antibiotic within 60 minutes before incision  
No paralysis during case  
Decision for foley per anesthesia service; typical OR time 60-90 min.

## From Induction to Start

Arms tucked with padding  
10 mL of 1-2% lido with epi 1:100,000 (or similar) with 27 ga needle.  
Doctor will inject local prior to prep.  
Bair Hugger for lower body below xiphoid

Betadine paint - From nose to below the nipple line, right face, neck, chest but crossing  
midline. Try not to erase markings.  
Bovie set to 15 cut/15 coag

## Mid Operation

Music and background discussion quiet, please.  
Specimen for pathology- usually routine pathology in formalin, but ASK  
Mild hypotension, such as SBP ~105 mmHg in adults, if tolerated.  
Keep a squared Ray-tec on the field at all times

## Closing

Bacitracin, Xeroform strip, Telfa, Tegaderm for the incision.

## Emergence to Patient Exit

Thank you for reading this!